

The search for a fulfilling career is more difficult now than ever before. Companies are under extreme pressure to ensure that all staff will add value to their output in as effective way as possible.

Candidates are now part of a jobs market which is fiercely competitive, so it's essential that effort and time is spent ensuring that your abilities and strengths, built up over many years, are communicated effectively during the interview process.

The fundamental piece of knowledge that all candidates must be aware of is as follows: *Employers look for employees because they have a NEED. You must sell yourself as the right person to fulfill that SPECIFIC need.*

Take your experiences, your skills and your education and show how, when combined, they make YOU the person most suited to fulfill their NEED.

Interview Skills & Techniques

There are so many options open to you with regard to improving your interview skills. Techniques have been developed around the world to deal with effective communication, CV preparation, sample questions, telephone interviews, dealing with nerves and much more. To get started we must first establish a number of things.

1. Is there a specific job your are interesting in applying for?
2. Are you already counting down to an interview?
3. Do you just want to improve your skills for a time when that perfect position comes available?

In order to establish these facts, each of our consultations starts with a simple 5-10 minute conversation about your requirements. Then I will prepare a specific set of areas for examination during our Interview Skills meeting.

Depending on your budget we can focus on everything from practical tips about interviews, to actually carrying out before & after interviews to see your strengths, and what you have learned. I can also provide a CV analysis service to examine areas of improvement on this hugely important document.

See below for further details

SPREAG
Career Inspiration & Coaching

Career Consultant - Paul Moriarty

Contact: (085) 1258626

Email: paulmoriarty@eircom.net

Option A - 90 minute Consultancy

- 10 Minute telephone preview chat

Topics

- The First Impression you make
- The importance of “Tell me about yourself....”
- Research & Practice
- The Top 10 Interview Questions
- Behavioural Interview Questions
- Tips to overcome nerves

Option B - 3 Hour Consultancy

- 10 Minute telephone preview chat

Topics

Part One

- The First Impression you make
- The importance of “Tell me about yourself....”
- Research & Practice
- Body Language - what you say without speaking.
- The Top 10 Interview Questions
- Your Strengths, Your Weakness
- Behavioural Interview Questions

Break

Part Two

- Nerves & specific techniques to visualise success
- Mock Interview to assess performance
- CV Review & suggestions

Option C - 2 Part Consultancy

- 10 Minute telephone preview chat

Day 1 (Part One) - 60 minutes

- Mock Preview Interview on camera to assess ability
- The First Impression you make
- The importance of “Tell me about yourself....”
- Research & Practice
- Body Language - what you say without speaking.
- The Top 10 Interview Questions

Break

Day 1 (Part Two) - 60 minutes

- Your Strengths, Your Weakness
- Behavioural Interview Questions
- Nerves & specific techniques to visualise success

Day 2 - 45-60 minutes

- CV Review & suggestions
- Mock Interview on video to assess new skills & review

PRICING

OPTION A - €50.00

OPTION B - €100.00

OPTION C -€150.00

Included in Options B & C is a 3-Week email support service to deal with any further queries.

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